



Course date: Tuesday, 28<sup>th</sup> April 2026      Venue: Clinical Skills Lab, 3/F William MW Mong Building  
Lead Instructor: Dr. WOO Chiu Yuen Jason  
Instructor: Mr. CHAN Chun Man / Mr. WONG Sai Wing

Time	Duration (Mins) & Lesson plan number		Course Event	Teaching Format	Instructor
0900-0905	5	Lesson 1	Course Introduction	Discussion	Dr. Jason WOO
0905-0950	45	Lesson 2	Rescuer Adult BLS - Scene Safety, Assessment and Adult Compressions - Pocket Mask - One-Rescuer Adult BLS - Bag-Mask Device - 2-Rescuer Adult BLS	Video & PWW	Mr. WONG S.W.
0950-1005	15	Lesson 3	AED for Adults, Children and Infants - AED Review - AED	Video & PWW	Mr. CHAN C.M.
1005-1015	10	Lesson 4	Special Considerations: Rescue Breathing	Video & PWW	Mr. CHAN C.M.
1015-1025	10	Lesson 6	2-Rescuer child BLS	Video & PWW	Mr. CHAN C.M.
1025-1045	20	Lesson 7	Infant BLS - Infant Compressions - Bag-Mask Device for infants - 2-Rescuer Infant CPR	Video & PWW	Mr. WONG S.W.
1045-1055	10	Lesson 8	Relief of Choking - Adult and Child Choking - Infant Choking	Video & PWW	Mr. CHAN C.M.
1055-1100	5	Lesson 9	Conclusion	Discussion	Dr. Jason WOO
1100-1140	40	Lesson 10	Skills Test - Adult CPR and AED Skills Test - Infant CPR Skills Test	Skills Testing	All Instructors
1140-1150	10		Remediation*	Skills Testing	All Instructors