

9th Annual Meeting Endocrinology, Diabetes & Metabolism Hong Kong (EDM HK 2026)

24 – 25 October 2026, Hong Kong Convention and Exhibition Centre

Programme Outline (As of 7 August 2026)

Public Lecture 公眾講座

24 October 2026 (Saturday)

Time	Sessions
	主持：黃渭湘醫生, 鍾志東醫生
10:00 - 10:25	公眾講座 (一): 糖尿病和骨質疏鬆有乜咁‘牙’煙 霍達川牙科醫生 (牙周病學臨床助理教授)
10:25 - 10:50	公眾講座 (二): 甜到入‘心’ 林立田醫生 (心臟科專科醫生)
10:50 - 11:15	公眾講座 (三): 食物金字塔反轉咗? 糖尿病人點算好? 余思行女仕 (註冊營養師(英國))
11:15 - 11:30	問答環節

Public lectures have been designated to general public and will be delivered in Cantonese

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Theme: Endo-Level-Up: Advancing Therapies, Elevating Care

24 Saturday 2026 (Saturday)

Time	Session	
13:00 - 13:30	Lecture (1)	
13:00 - 13:25	Emerging Evidence for GLP-1: Bridging Cardiovascular, Kidney and Liver Health Dr. Juan Pablo FRAIAS (USA)	
13:25 - 13:30	Q&A	
13:30 - 13:40	Opening Ceremony	
13:40 - 14:20	Plenary Lecture (1)	
13:40 - 14:15	Thyroid Eye Disease: from Bench to Bedside Prof. George KAHALY (Germany)	
14:15 - 14:20	Q&A	
14:20 - 15:15	Symposium (1A)	Symposium (1B)
14:20 - 14:45	The Transformative Value of CGM Prediction in Diabetes Management Prof. Neale COHEN (Australia)	Childhood Obesity Prof. Queenie SEE (Hong Kong)
14:45 - 15:10	Closed-loop Insulin Pump – Case Sharing from an Endocrinologist with Limited Pump Experience Dr. Chun-yip YEUNG (Hong Kong)	Managing Menopausal Vasomotor Symptoms Prof. Jennifer KO (Hong Kong)
15:10 - 15:15	Q&A	Q&A
15:15 - 15:45	Coffee Break	
15:45 - 16:25	Lecture (2)	
15:45 - 16:20	Rethinking CKM Syndrome: Integrating MASLD within the Cardiovascular–Kidney–Metabolic Framework Prof. Vincent WONG (Hong Kong)	
16:20 - 16:25	Q&A	
16:25 - 17:05	Plenary Lecture (2)	
16:25 - 17:00	2026 ATA Guideline on Management of Thyroid Disorder in Pregnancy Prof. Haixia GUAN (China)	
17:00 - 17:05	Q&A	
17:05 - 17:50	Meet the Professor	
17:05 - 17:45	Thyroid Eye Disease: East Meet West Prof. Haixia GUAN (China), Prof. George KAHALY (Germany)	
17:45 - 17:50	Q&A	
	Faculty Dinner (By invitation)	

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25 October 2026 (Sunday)

Time	Session	
08:45 - 09:25	Cases of the Year	
09:25 - 09:30	Q&A	
09:30 - 10:00	Lecture (3)	
09:30 - 09:55	Preventing Progression Before It Starts: the Pillar Approach to Early DKD Management Dr. Ju-Ying JIANG (Taiwan)	
09:55 - 10:00	Q&A	
10:00 - 10:10	EDM HK 2025 MBBS Video Competition Prize Presentation	
10:10 - 10:40	Coffee Break	
10:40 - 11:35	Symposium (2A)	Symposium (2B)
10:40 - 11:05	Strategic Sequencing In Osteoporosis: Building a Continuous Blueprint from Diagnosis to Long-Term Care Dr. Yu-cho WOO (Hong Kong)	Diabetes and Cancer Prof. Wai-kay SETO (Hong Kong)
11:05 - 11:30	The New Horizons in LDL-C Lowering for the Better Cardiovascular Health Prof. Kathryn TAN (Hong Kong)	Multidisciplinary Management of Diabetic Foot Ulcer Dr. Samuel LO (Hong Kong)
11:30 - 11:35	Q&A	Q&A
11:35 - 12:15	Plenary Lecture (3)	
11:35 - 12:10	State-of-the-Art Review on Diagnosis and Management of Primary Hyperparathyroidism Prof. Maria Luisa BRANDI (Italy)	
12:10 - 12:15	Q&A	
12:15 - 12:30	Lunch Symposium (1)	
12:30 - 13:05	Multidimensional Approach in Addressing Challenges of Cardiovascular-Kidney-Metabolic Health: Current Landscape and Future Perspectives Prof. Janaka KARALLIEDDE (United Kingdom)	
13:05 - 13:10	Q&A	
13:10 - 13:50	Plenary Lecture (4)	
13:10 - 13:45	Tumour Induced Osteomalacia Prof. Weibo XIA (China)	
13:45 - 13:50	Q&A	
13:50 - 14:25	Lecture (4)	
13:50 - 14:20	Advancing Lipid Management: Translating Global Guidelines and Asian Real-World Evidence into Clinical Practice Prof. Tsung-hsien LIN (Taiwan)	
14:20 - 14:25	Q&A	

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14:25 - 14:55	Coffee Break
14:55 - 15:25	Lecture (5)
14:55 - 15:20	Advancing Obesity Care Management Beyond BMI: Emerging Role of GIP-GLP1 Receptor Agonist Prof. Alice CHENG (Canada)
15:20 - 15:25	Q&A
15:25 - 15:55	Lecture (6)
15:25 - 15:50	Second-Generation Basal Insulin in the Management of Diabetes Speaker: To be announced
15:50 - 15:55	Q&A
15:55 - 16:45	Meet the Professor
15:55 - 16:40	Cases of Calcium and Phosphate Homeostasis Prof Maria Luisa BRANDI (Italy), Prof Weibo XIA (China)
16:40 - 16:45	Q&A
16:45 - 17:00	Closing Remarks