

30th Hong Kong Medical Forum

May 16-17, 2026 (Saturday-Sunday)

Day 1

Time	May 16, 2026 (Saturday) Hall B + C	
12:10-12:40	Registration	
12:40-14:00	Lunch Symposium	
	12:40-13:20 (35 + 5 mins)	<ul style="list-style-type: none"> • Topic: B Cell Therapies for Lupus Nephritis & Herpes Zoster Vaccination in Immunocompromised Population • Speaker: Dr. Wen-Nan Huang (Taiwan, China)
	13:20-14:00 (35 + 5 mins)	<ul style="list-style-type: none"> • Topic: Transforming Obesity Pharmacotherapy • Speaker: To be confirmed
14:00-14:10	Break	
14:10-14:30 (20 mins)	Opening Ceremony	
14:30-15:00 (30 mins)	David Todd Distinguished Lecture <ul style="list-style-type: none"> • Topic: Leveraging China's Rapid Growth in Medicine and Health • Speaker: Prof. Chak-Sing Lau (Hong Kong, China) 	
15:00-16:15	Session 1 (Future Diagnostics & Therapeutics)	
	15:00-15:25 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Novel Drug Delivery and Nano-medicine • Speaker: Prof. Khuloud Al-Jamal (Hong Kong, China)
	15:25-15:50 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Breaking Barriers in Lipid Control: Innovative Therapies for Better Outcomes • Speaker: Prof. Frederick Raal (South Africa)
	15:50-16:15 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: From Theory to Practice: Optimizing the Use of Biomarkers in the Alzheimer's Disease Patient Journey • Speaker: Prof. Craig Ritchie (United Kingdom)
16:15-16:45 (30 mins)	Coffee Break	
16:45-17:15 (30 mins)	Richard Yu Lecture <ul style="list-style-type: none"> • Topic: The Next Pandemic: Forecasting, Fear, and Readiness • Speaker: Prof. Ivan Hung (Hong Kong, China) 	
17:15-18:30	Session 2 (Infectious Diseases & Prevention)	
	17:15-17:40 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Beyond a Childhood Virus: Understanding RSV Risk and Prevention in At-Risk Adults and the Elderly • Speaker: Prof. Peter Openshaw (United Kingdom)
	17:40-18:05 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Novel Vaccine Platforms for Prevention of Respiratory Viral Infection • Speaker: Prof. Raven Kok (Hong Kong, China)
	18:05-18:30 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Impact of the Shift of US Vaccination Policy on Global Health • Speaker: Dr. Angela Rasmussen (Canada)

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Day 2

Time	May 17, 2026 (Sunday) Hall B	May 17, 2026 (Sunday) Hall C
08:30-09:00	Registration	
09:00-09:50	Interactive Workshop I	
	09:00-09:25 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Rethinking Guidelines Beyond BMI: The Role of GIP+GLP-1 RA in Addressing the Pathophysiology of Obesity • Speaker: Prof. Thomas Ebert (Germany)
	09:25-09:50 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Practical Tips in Diabetes Mellitus: Continuous Glucose Monitoring and Medication Titration • Speaker: Dr. Chariene Woo (Hong Kong, China)
	Interactive Workshop II	
09:50-10:40	Session 3 (Haematology & Medical Oncology)	
	09:50-10:15 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Hematological, Cardiovascular and Aging-Related Implications of Clonal Hematopoiesis • Speaker: Dr. Min-Han Tan (Singapore)
	10:15-10:40 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Navigation of the Anemia Management in LR-MDS with Focusing on the Perspective from Mainland Regional Hospital • Speaker: Dr. Yu Wu (China)
10:40-11:10 (30 mins)	Session 7 (Health in Women & Elderly)	
	<ul style="list-style-type: none"> • Topic: Integrating Fezolinetant into VMS Treatment Landscape: Clinical Integration Strategies for Diverse Patient Needs • Speaker: Dr. Natassia Rodrigo (Australia) 	
Coffee Break		

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Day 2 (continued)

		Session 4 (Cardiovascular-Kidney-Metabolic Health)	Session 8 (Neurology)
11:10-12:25	11:10-11:35 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Advancing CKD Management: Expanding Protection for a Broader Patient Population • Speaker: Prof. Takashi Yokoo (Japan) 	<ul style="list-style-type: none"> • Topic: From Data to Decisions: Using Real-World Evidence to Support Migraine Management Optimization • Speaker: Dr. Julia Shahnaz Merican (Malaysia)
	11:35-12:00 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Latest Advances in the Diagnosis and Management of TTR Amyloidosis • Speaker: Prof. Hung-Fat Tse (Hong Kong, China) 	<ul style="list-style-type: none"> • Topic: Latest Diagnosis and Treatment for Alzheimer's Disease • Speaker: Prof. Jintai Yu (China)
	12:00-12:25 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Current Challenges in LDL-C Control and New Therapeutic Options: Insights from European Registries • Speaker: Prof. Alberico Catapano (Italy) 	<ul style="list-style-type: none"> • Topic: Revolutionising Acute Ischemic Stroke Care: The 30-Year Journey and Beyond • Speaker: Prof. Gary Lau (Hong Kong, China)
12:25-12:55 (30 mins)	Lunch Break		
12:55-14:15	Lunch Symposium		Lunch Symposium
	12:55-13:35 (35 + 5 mins)	<ul style="list-style-type: none"> • Topic: The Evolving HF Management Map: Strategies Across LVEF and the Treatment Course • Speaker: Prof. Theresa McDonagh (United Kingdom) 	<ul style="list-style-type: none"> • Topic: Navigating the CKD Journey - Prevent CKD Progression & Managing CKD Anaemia • Speaker: Prof. David Wheeler (United Kingdom)
	13:35-14:15 (35 + 5 mins)	<ul style="list-style-type: none"> • Topic: Management of Cardio-Renal-Metabolic Conditions: What, Why and How? • Speaker: Prof. Shelley Zieroth (Canada) 	<ul style="list-style-type: none"> • Topic: Chronic Airway Management: Cough-Variant Asthma and At-Risk COPD • Speaker: Prof. Jennifer Quint (United Kingdom)

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Day 2 (continued)

		Session 5 (Nephrology)	Session 9 (Gastroenterology & Hepatology)
14:15-15:30	14:15-14:40 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Addressing the Calcium-Phosphorus Product and Cardiovascular Risk in Dialysis Patients • Speaker: Prof. Emilio Sánchez (Spain) 	<ul style="list-style-type: none"> • Topic: Non-Variceal Upper Gastrointestinal Bleeding: A 2026 Update • Speaker: Prof. Alan Barkun (Canada)
	14:40-15:05 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Optimizing Advanced Therapy in IgA Nephropathy: Clinical Strategies and Considerations • Speaker: Prof. Hong Zhang (Beijing, China) 	<ul style="list-style-type: none"> • Topic: Functional Cure in Chronic Hepatitis B Management • Speaker: Prof. Loey Mak (Hong Kong, China)
	15:05-15:30 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: A Milestone in ADPKD Management: from Clinical Settings to Local Society • Speaker: Prof. Yong-Chul Kim (South Korea) 	<ul style="list-style-type: none"> • Topic: The Impact of Gastric Acid Control on Helicobacter pylori Eradication Success • Speaker: Prof. Takashi Kawai (Japan)
15:30-16:00 (30 mins)	Coffee Break		
		Session 6 (Respiratory Medicine)	Session 10 (Dermatology, Rheumatology & Clinical Immunology)
16:00-17:15	16:00-16:25 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Precision Medicine in Severe Type 2 Asthma • Speaker: Prof. James Ho (Hong Kong, China) 	<ul style="list-style-type: none"> • Topic: Vitiligo – Advancing Treatment Strategies and Outcomes • Speaker: Dr. Johnny Chan (Hong Kong, China)
	16:25-16:50 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Strengthening COPD Stability: Starting with Exacerbation Prevention Through Optimal SITT • Speaker: Prof. Kay-Choong See (Singapore) 	<ul style="list-style-type: none"> • Topic: Identifying High-risk-to-progress Psoriatic Disease Phenotypes and Strategies to Prevent Disease Progression • Speaker: Dr. Martin Chung (Hong Kong, China)
	16:50-17:15 (20 + 5 mins)	<ul style="list-style-type: none"> • Topic: Optimizing COPD Management: The Role of Dual Bronchodilation Amidst Evolving Therapeutic Options • Speaker: Prof. Herbert Kwok (Hong Kong, China) 	<ul style="list-style-type: none"> • Topic: Empowering Primary Care in Atopic Dermatitis: The Role of Next-Generation Biologics in Long-Term Disease Control • Speaker: Prof. Philip Li (Hong Kong, China)
17:15-17:20 (5 mins)	Closing Remarks		